	- Control of the Cont
Criterion/KI/Metric No	<u>V</u>

Internal Quality Assurance Cell
Al Shifa College of pharmacy
Kizhatoor, Perinthalmanna, Malappuram,
Kerala- 679325

In House Programme - Event Record Sheet - 2022-23	Date: 26 05 2022

2022-23
1. Name of the Event: BE A WARRIOR AGAINST DRUGS
2. Name of the Dept /Club organizing the Event:
3. Date/s of the event: 26022
4. College level/State/Regional/National/International: COLLEGE LEVEL
5. Nature of the event: INVIGED LEGURE
(Seminar/Invited lecture/workshop/Interaction etc):
6. Venue: MULTIPUR POSE AUDITIORIUM , ACP
7. Sponsors/Collaboration, if any:
8. Fund received (from agency, if any): NIL
9. Chief Guest/s: My. VELAYUDHAN KUNNATH (ASST, EXCISE COMMISSIONER
10. Speaker/s: Mr. BIGU P CPREVENTINE OFFICIER, EXCISE DEPARAMENT)
11. Coordinator/s: 19th BAGCH PHARM D
12. Honorarium/ TA paid: NIL
13. Audience Details and Number of Participants: FIRST YEAR DPHARM, BPHARM 4 PHARM 0
14. Documents mailed to IQAC(Please put ✓ mark in the concerned column)
a) Circular / Brochure / Flyer b) List of Participants c) Programme Report
d) Geo tagged Photographs e) Feedback Form f) Action Taken Report
g) Video/Audio Recordings
Janish Dan
Name & Signature of Programme Coordinator
Documents Checked and Verified by
(dille
machine with the state of the s
Signature of the Principal
761





BE A WARRIOR AGAINST DRUGS

Dat	e:2	O	/U	5	12	ω	2.	Z

Time: 02:00 PM

Venue: Multipurpose Auditorium, ACP

Drug awareness program – Be a warrior against drug was held on 26th may at 2:00 PM in the college auditorium organized by the students of first year Pharm D (12th batch). This Programme was inaugurated by Mr. Velayudhan Kunnath (Asst. Excise Commissioner) and the resource person was Mr.Biju P (Preventive Officer Excise Department)

The Programme began with a prayer song. A welcoming speech was given by Lamia of first year Pharm D. Our Principal Prof.Dr.T.N.K.Suriyaprakash welcomed the guests. The purpose of this Programme was to help students clear any doubts related to drug awareness. There was a great interaction among the students and they were eagerly waiting to know more. It was an unforgettable Programme. The chief guest had given a wonderful scientific session and had explained it even better with a power point presentation. It had helped many students clear all their doubts regarding the topic. Our, principal had handed the momentum to our chief guest. The Programme ended with Bahshidha of first year Pharm D coming forward with the vote of thanks. She had thanked the guests, audience, anchors, the faculties and everyone who had helped make this Programme a successful one.

Programme Coordinator:	Principal:
riogramme Coordinator.	r iliicipai.

mestamp	Email ID	Manager Communication	0			Vas the session useful fo Relevance and helpful						
		Name of the Delegate	Course				les vvnat are the key takeav	va Any suggestions?				
	38 shabeebayasmin99@gma		B Pharm	1 Very s		res res	2					
	41 alenagomas2003@gmail.		B Pharm B Pharm	2 Very s			4					
	53 nasrihenna01@gmail.con		B Pharm B Pharm	1 Satisfi		/es	1					
	34 48shahla.n@gmail.com			1 Very s			1					
	25 Meghavarghese@gmail.c		B Pharm	1 Satisfi			1 2					
	37 rassanaranu@gmail.com		B Pharm	2 Satisfi			1					
	46 ifrathibrahim51@gmail.co		B Pharm	5 Very s		163						
	32 rilshatt183@gmail.com		B Pharm	1 Satisfi			2 Be a warrior against dru	gs				
	34 durgasanthosh632@gma		B Pharm	1 Very s			2					
	29 adilmohamedadil97@gma		B Pharm	1 Satisfi			2					
	37 Mohamedsaeedpx3@gma		B Pharm	3 Satisfi			3					
	06 rashidmohammed895@g		B Pharm	3 Satisfi			4	No				
5/28/2022 12:35:5	52 Dqshafah@gmail.com	MUHAMMED SHAFATH	H B Pharm	4 Satisfi	ed)	/es	4 Nothing to take away bi	ut need to improve the presentation				
5/28/2022 12:36:5	52 Muhsinasini79@gmail.com	Muhsina Ahamed	B Pharm	4 Satisfi	ed \	/es	2 Nothing	Since it is in malayalam I think it was very difficult to those who don't unders	stand malayalam			
5/28/2022 12:37:1	13 rasikaminnu2004@gmail.	RASIKA.M	B Pharm	2 Satisfi	ed Y	/es	2					
5/28/2022 12:38:	11 fidaneenu2@gmail.com	FIDA	B Pharm	1 Very s	atisfied	/es	1 Awareness about drugs	No				
5/28/2022 12:39:5	51 adheeadheena2@gmail.c	Adheena wilson	B Pharm	2 Satisfi	ed Y	/es	2 Awareness about drugs	No				
5/28/2022 12:40:5	58 hasnasherinmundekkat@	Hasna sherin.M	B Pharm	1 Very s	atisfied	Maybe	1 No	No				
5/28/2022 12:41:2	27 ashinaashi120@gmail.co	Ashina	B Pharm	2 Satisfi	ed Y	/es	2 Awareness about drugs	No				
							* awareness about socie					
	03 karuniasaji7@gmail.com		B Pharm	3 Neutra			3 * Helps to improve my o	or Better to improve				
	22 Fathiazad53@gmail.com		Pharm D	1 Very s			1					
	02 nandu14052003 @ gmail.		B Pharm	4 Neutra			4					
	44 nashaminuzzznasha@gm		B Pharm	1 Very s		/es	1					
	20 fathimashana40@gmail.c		B Pharm	1 Very s		/es	1					
	24 sananasrin2505@gmail.c		Pharm D	1 Very s			1 Avoid the usage of drug	а				
	43 Jinshamm72@gmail.com		B Pharm	1 Very s		163	1					
	37 farishafari29@gmail.com		Pharm D	1 Satisfi		/es	1					
5/28/2022 16:39:2	25 loneazlan99@gmail.com	Aabid Hussain	B Pharm	4 Neutra			4 The thing I got to learn f	ro No . Thanks for the session				
5/28/2022 16:51:1	12 delnajiju@gmail.com	Delna kj	B Pharm	1 Satisfi			2 Prevent drug abuse	No				
5/28/2022 17:00:5	56 krishna361w@gmail.com	Krishnapriya K	B Pharm	2 Satisfi			3					
5/28/2022 17:03:1	19 Luhanaxyz@gmail.com	Luhana	B Pharm	4 Satisfi			5 Be a good friend	No				
	34 amathulhadi@gmail.com		B Pharm	1 Very s			1					
5/28/2022 17:38:1	10 haniyaharis32@gmail.cor	Haniya haris	D Pharm	3 Satisfi			3 Nil	No				
5/28/2022 18:24:1	19 vishnuap82@gmail.com	1st year	Pharm D	1 Satisfi		.00	1					
		Lulu	B Pharm	4 Satisfi			3	Need more classes				
5/28/2022 19:29:4	43 mm7807661@gmail.com	Sumayya	B Pharm	1 Very s			1 No to drugs	No.				
5/28/2022 19:34:3	39 Shana1510@01	Shana Nasrin OV	B Pharm	1 Very s			2 Be a warrior for ourselve	es This session was really helpful for me				
5/28/2022 21:19:3	31 www.jumanajunaide1130(Jumana junaide	Pharm D	1 Satisfi	ed Y	/es	1					
	35 farsanashery495561@gm		Pharm D	2 Very s		.00	1					
5/28/2022 21:29:5	59 mmrinsha2019@gmail.co	Rinsha	B Pharm	1 Very s	atisfied	/es	1					
5/28/2022 23:33:0	07 inaam234589@gmail.con	Mr. Biju P	B Pharm	4 Dissat	tisfied 1	No	5	Attended the event, although the topic was good bu Thank you	ut I couldn't understand a s	ingle word as the speaker	didn't utter a single word in English. I would like t	o suggest to switch in betw
5/28/2022 23:38:4	44 nemesis6969pro@gmail.c	Naif Nizar	B Pharm	2 Neutra	al l	Maybe	2					
							Harmful effects of drug					
	58 safeedayasmin7@gmail.c		B Pharm	3 Very s			2					
5/31/2022 16:15:4	43 salamathraniya@gmail.co	Salamath Raniya	D Pharm	1 Very s	atisfied	/es	1					
6/1/2022 6:17:0	00 fayizafebinvemmulli@gma	Fayiza Febin.V	D Pharm	1 Very s	atisfied	/es	The shocking experienc 1 Police were hardly trying	ed g Event is pretty good totally. We will be with them.				

Criterion/KI/Metric No

Internal Quality Assurance Cell Al Shifa College of pharmacy Kizhatoor, Perinthalmanna, Malappuram, Kerala- 679325

Kerala- 0/9325
Date: 8/11/22
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m (37 Nos)
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Programme Report
Action Taken Report
HA RANI 8 Sullar
re of Programme Coordinator
Whoh ha
ture of the Principal

ALSHIFA COLLEGE OF PHARMACY (D.Pharm)

Poonthavanam (PO), Kizhattur, Perintalmanna, Malappuram Dt

Second Year D. Pharm (17th Batch)

SL No	Admsn No Student Name		Signature
1	20200490	ADHIL RAJ	
2	20200489	AFLATH P K	
3	20200563	AHALYA K	(Phalya)
4	20200588	ANAGHA A V	Arone
5	20200575	ANILA A	Andh
6	20200494	ASMA URUNNIPULAKKAL	0
7	20200509	ASWIN MANOJ	
8	20200583	ATHIRA T M	
9	20200571	FAHIZA P	
10	20200589	FARSANA MOL P	- Chang
.11	20200507	FASMINA T P	
12	20200565	FASNA E K	Fasnet
13	20200500	FATHIMA FASNA K	A Bigylar
14	20200495	FATHIMA HANNA K T	
15	20200501	FATHIMA IRFANA A P	The state of the s
16	20200505	FATHIMA JANISHA T P	
_17	20200518	FATHIMA NEENU K	NAN.
18	20200506	FATHIMA SHAHANAS	Sandruguell
. 19	20200564	FATHIMATH SHABANA C P	and
20	20200577	FATHIMATH SIBNA M	Shoot
21	20200567	FATHIMATH SULFANA K	Sually,
22	20200511	FATHIMATH USNA C	usuali
23	20200508	HANA CHEMALA	(M)
24	20200492	HANA P T	hanay
25	20200608	HARIKRISHNAN K	
. 26	20200587	HIBA M	
27	20200562	HIBA P	
28	20200584	JAHANA SHERIN U T	
29	20200578	JASNA SHERIN M P	Que .
30	20200580	JAWHARUNEESA V	am.
31	20200516	MOHAMED JISHAD K P	
32	20200503	MUHAMMED HASIM	

		otadelit Name	
	20200560	MUHAMATT	Signature
	20200591	MUHAMMED RASHID K	
	20200592	MURSHIDA M	A STAN
36	20200491	NASEEBA RAIHANA V	
37	20200504	NASMINA SHIRIN NAVANEETH P	
38	20200570		
39	20200496	NIDA SHERIN K C	
40	20200569	NISHMA JABIN M A	
41	20200536	RIFANA JASMIN K	
42	20200566	RUMANA SHIRIN SAHLA K M	9
43	20200579	SAMEERA K	Kato
44	20200515	SANIGA K	low
45	20200561	4177	Saniga.
46	20200568	SHABEEHA JEBIN P SHAFNA	
47	20200502		0.15
48	20200514	SHAFNA SHERIN K	Outo
49	20200517	SHAHLA SUEDLIKK	
50	20200572	SHAHLA SHERI K K SHAHMA SALAM VM	00.0
51	20200497	SHIBILA P P	8/10
52	20200586	SHIFANA K E	Share and the state of the stat
53	20200582		als.
54	20200512	SHIKHA CHANDRASEKHAR SHIRIN SHAHANAS C K	
55	20200513	SILNA SHERIN T	
56	20200493	SINU V S	18lha :
57	20200581	VIJIL V K	
58	20200498	VINAYA P	Dunn
59	20200603	VR KEERTHANA	Leso,
60	20200585	9	ORTHON M
61	20200303	WASEEMA C H	100 50 8
		LASMA	

Prof. (Dr) T.N.K. Suriyaprakash Principal

SPEAK OUT

LANGUAGE AND COMMUNICATION SKILL PROGRAMME

AL SHIFA COLLEGE OF PHARMACY

'Speak Out' A language and communication skill programme was organized by Al Shifa College of Pharmacy on 8th November 2022 at 1-4 PM at the multipurpose auditorium. The programme started with the arrival of the chief guest Mrs. Saritha ,Head of English Department ,Al Shifa college of arts and Science at 1.15 PM. The programme begun with falicitation speech by Dr. Dilip C,HOD department of Phramacy Practice

The purpose of the programme was to develop communication skills among the students. Saritha mam presented the session wonderfully and through simple language. The students presented colourful programmes such as recitation, speech on different interesting topic. There was a great interaction among students and they were eagerly waiting to know more.

The programme ended by the speech of Principal Dr.T.N.K Suryaprakash ,vote of thanks was delivered by Dr.Smitha Rani Professor, Department of Pharmacognosy.

CO-ORDINATOR PRINCIPAL



ALSHIFA COLLEGE OF PHARMACY

(Approved by AICTE, PCI and Affiliated to Kerala University of Health Sciences)

Keezhattur - 679325

"LANGUAGE AND COMMUNICATION SKILL"

SPEAK OUT!

Resource Person:

Ms. Saritha K

Head, Dept. of English
Al Shifa College of Arts and Science,
Perinthalmanna & International Trainer (JCI)

Date: 08/11/2022 Time: 1pm to 4pm

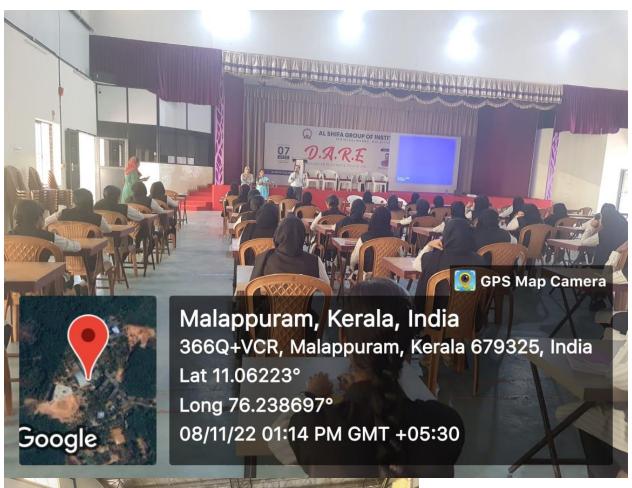
Venue : ACP Multipurpose Auditorium Participants : 2nd Year Dpharm Students

















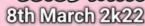
Гimestamp	Email.ID	Name of the candidate	Course	How do you rate the sess	satisfaction level wit	th the Was the session useful	o Relevance and helpfulnes Any suggetions			
11/8/2022 19:08:50	farsanamolpt@gmail.com	Farsana mol.p	D Pharm	1	Very satisfied	Yes	1 No			
11/8/2022 19:08:54	asmamujeebup@gmail.co	Asma up	D Pharm	5	Very satisfied	Yes	5 It was exclient			
11/8/2022 19:09:56	elamkulamfasna@gmail.d	Fasna. Ek	D Pharm	1	Very satisfied	Yes	1 No			
11/8/2022 19:11:10	harikrishnank9339@gmai	Harikrishnan.k	D Pharm	5	Very satisfied	Yes	5 Nothing			
11/8/2022 19:15:26	keerthikeerthu347@gmai	V R Keerthana	D Pharm	1	Very satisfied	Yes	1 No			
11/8/2022 19:15:40	vssinu28@gmail.com	Sinu v s	D Pharm	1	Very satisfied	Yes	1 Expecting more ses	sions like this		
11/8/2022 19:16:15	s12607939@gmail.com	Fathima shahanas	D Pharm	5	Very satisfied	Yes	5 Need more sessions	;		
11/8/2022 19:18:03	jasnasherin518@gmail.co	Jasna Sherin M P	D Pharm	1	Satisfied	Yes	1 No			
11/8/2022 19:18:13	sanigasura@gmail.com	Saniga. K	D Pharm	1	Very satisfied	Yes	1 No			
11/8/2022 19:21:31	usna1321usman@gmail.d	Fathimath usna	D Pharm	1	Very satisfied	Yes	1 Do keep more such	programs		
11/8/2022 19:25:27	sahlahilu1@gmail.com	Sahla k.m	D Pharm	1	Very satisfied	Yes	1 No			
11/8/2022 19:27:43	anuzhana3@gmail.com	Hana PT	D Pharm	2	Very satisfied	Yes	1 Nothing more			
11/8/2022 19:28:54	fathimairfana626@gmail.	Fathima irfana Ap	D Pharm	1	Very satisfied	Yes	2 it was an unforgettal	ole setion thankyou mam.	thankyou for your won-	derful setion
11/8/2022 19:29:48	anaghasusil@gmail.com	Anagha	D Pharm	1	Very satisfied	Yes	1 Expecting more class	ses like this		
11/8/2022 19:29:56	ahalya121199@gmail.com	Ahalya k	D Pharm	1	Very satisfied	Yes	1 Expecting more class	ses like this		
11/8/2022 19:32:23	anilaalex006@gmail.com	Anila A	D Pharm	5	Satisfied	Yes	3 No			
11/8/2022 19:32:37	waseemathabssumch@g	Waseema	D Pharm	1	Very satisfied	Yes	1 Very nice			
11/8/2022 19:32:45	aathu5490@gmail.com	Athira TM	D Pharm	5	Very satisfied	Yes	5 Expecting more prog	gram like this		
11/8/2022 19:36:38	shabanacp444@gmail.co	Fathimath shabana cp	D Pharm	1	Very satisfied	Yes	1 No			
11/8/2022 19:42:29	shahmasalam1234@gma	Shahma Salam VM	D Pharm	2	Satisfied	Yes	1 No			
11/8/2022 19:45:58	Hanajavad07@gmail.com	Hana chemala	D Pharm	5	Satisfied	Yes	4 Good interactive ses	sion.		
11/8/2022 19:49:01	Silnasherin63@gmail.con	Silna Sherin T	D Pharm	1	Very satisfied	Yes	1 No			
11/8/2022 19:51:51	shibila020@gmail.com	Shibila pp	D Pharm	1	Very satisfied	Yes	1 Looking forward to r	nore programmes like thisTha	nk you.	
11/8/2022 19:53:33	Sameera459912@gmail.	Sameera	D Pharm	5	Very satisfied	Yes	4 Good fantastic class			
11/8/2022 19:54:22	shabeehajebinpulliyil@gn	Shabeeha jebin.p	D Pharm	2	Satisfied	Yes	2 No any suggestions			
11/8/2022 20:20:04	rumanashirin2001kvk@gr	Rumana shirin	D Pharm	5	Very satisfied	Yes	5 Excellent class			
11/8/2022 20:49:18	Fahizahameed32@gmail.	Fahiza.p	D Pharm	1	Very satisfied	Yes	1 No			
11/8/2022 21:32:34	fathimathsibna2001@gma	Fathimath Sibna M	D Pharm	1	Very satisfied	Yes	1 No			
11/8/2022 22:59:01	sulfanaafzal@gmail.com	Fathimath Sulfana k	D Pharm	1	Very satisfied	Yes	1 No			
11/10/2022 12:13:18	shafnashaima6@gmail.co	Shafna	D Pharm	1	Very satisfied	Yes	1 Its excellent			
11/10/2022 12:14:10	Vinayaptvr@gmail. Com	Vinaya. P	D Pharm	1	Very satisfied	Yes	1 No			
11/10/2022 12:14:34	vijilvk088@gmail.com	Vijil	D Pharm	5	Satisfied	Yes	4 Very interesting			
11/10/2022 12:20:05	Shifanake98@gmail.com	Shifana KE	D Pharm	1	Very satisfied	Yes	1 Good			
11/10/2022 12:39:21	Fasnafathima453@gmail.	Fathima fasna. K	D Pharm	1	Very satisfied	Yes	2 No			
11/10/2022 12:40:05	rifanajasmin2002@gmail.	Rifana Jasmin. K	D Pharm	1	Very satisfied	Yes	1 No			
11/10/2022 12:43:55	Shafnasherin224@gamil.	Shafna sherin k	D Pharm	1	Very satisfied	Yes	1 No			
11/10/2022 23:26:11	neenufathima5@gmail.co	Fathima neenu	D Pharm	1	Very satisfied	Yes	1 No			

ORGANISED BY 8th BATCH PHARM D & PHARM D PB





INTERNATIONAL WOMEN'S DAY





An Awareness Program on "MENSTRUAL HYGIENE"

"BREAST CANCER"

VENUES

AL SHIFA COLLEGE OF PHARMACY
SILVERMOUNT PUBLIC SCHOOL | THARAKAN HSS ANGADIPPURAM
KIMS AL SHIFA HOSPITAL | AL SHIFA COLLEGE OF PARAMEDICAL SCIENCES

Awareness class @Tharakan higher secondary school on 08-03-2022



WOMEN'S DAY CELEBRATION 8 MARCH 2022



📍 SILVERMOUNT INTERNATIONAL SCHOOL

INTERNATIONAL WOMEN'S DAY PROGRAMME ABOUT MENSTRUAL HYGIENE



-8TH BATCH PHARM-D



















PROGRAMME ON MENSTRAUL HYGIENE & FAMILY PLANNING

MEASURES

AL SHIFA COLLEGE OF PHARMACY, Khizattur



Internal Quality Assurance Cell Al Shifa College of Pharmacy

Kizhatoor, Perinthalmanna, Malappuram, Kerala- 679325

Event Record Sheet - 2021-22

vent Record Sheet – 20			
Name of the Event:	Awareness C	lass, bom	es det
2. Name of the Dept /Club	organizing the Even		in schools 8.3.2
3. Date/s of the event:	· A	wareness ch	us 17 schools, 8.3.2
	the second and		
5. Nature of the event:	C	and Limburd	640)-43
	/workshop/Interaction etc):		of Desinheimanni.
6. Venue:	->	5 schools	at perintseinsans.
7. Sponsors/Collaboration	**	NIL -	
8. Fund received (from ag	ancy if any):	NIL	
9. Chief Guest/s:		NIL.	
10. Speaker/s:		ham. D st	ndests-
11. Coordinator/s:	D	r. DILIPZ.	
12. Honorarium/ TA paid:		MIL.	
13. Audience:		Approximate no:	100 -
14. Documents mailed to IQA Programme Report Feedback Details and Rep	Photographs	Registration Details	s Dack analysis D
15. Funded by: (PTA, UGC- / Mgmnt./ etc)		Amount received:	NIL.
Documents Checked and V	erified by the (With Name	and Signature)	
IQAC Section		IQAC Coord	dinator
Signature of Coordinator	of the Programme:	Signature o	White Principal
Date: 10.3. 2024	The second second		

INTERNATIONAL WOMENS DAY - MARCH 8TH 2022

Keeping in view the grow ng imbalance in the man-woman ratio, we have to emphasize focusing on celebrating and welcoming girl child. To get rid of vicious social customs of dowry system responsible for killing of girl child, the status of women shall have to be enhanced.

To impart this type of basic knowledge and culture in students, Department of pharmacy practice, Al Shifa College of pharmacy organised various patient a wareness program for public on 8th March 2022 as a part of international women's day celebrations. Fifth year Pharm D students of the department divided in five different groups and each group delivered awareness class on the topic "Menstrual hygiene and breast cane r". The program was conducted at different sites such as Al Shifa College of Pharmacy, Al Shifa College of Paramedical sciences, KIMS Al Shifa hospital, Silver Mount School and Tharakan School Perinthalmanna.

In each site about 50 to 75 participants were attended the program and girls and ladies with in an age group of 15 to 50 were attended it. As per the feedback of the participants all the classes conducted in different educational institutions helped to raise awareness about the status and dignity of women among the students.

Coordinator

Dr. Dilip C

HoD, Pharmacy Practice

Dr. ΓN K Suriyaprakash

Principal

imestamp	Email ID	Name of the Delegate	Satisfaction level with the	How do you rate the sess	Was the session useful for	Relevance and helpfulnes	Any suggetions			
3/23/2022 14:34:14	farishafari29@gmail.com	Farisha parveen k		Column 1			1	Yes	1	
3/23/2022 16:07:02	silu755803@gmail.com	Pharm d 5th year student	Column 1				2	Yes	1	No
3/23/2022 18:00:04	fathimarasmint@gmail.co	Fathima Rasmin		Column 1			3	Yes	3	
3/25/2022 17:47:20	dhanalakshmiks3120@gr	Dhanalakshmi k s		Column 1			1	Yes	1	
3/25/2022 17:50:29	lamiayahiya77@gmail.com	Lamia		Column 1			3	Yes	3	
3/25/2022 17:53:57	safrinnyla@gmail.com	Safarin ks		Column 1			2	Yes	2	
3/25/2022 17:54:22	fasminvk@gmail.com	FASMIN VK	Column 1				1	Yes	2	
3/25/2022 18:24:41	fathimafarzana392@gmai	Fathima Farzana	Column 1				4	Yes	4	
3/25/2022 18:24:56	Fathimaazad53@gmail.co	Fathima Azadkutty	Column 1				1	Yes	1	
3/25/2022 18:25:40	farrhanashefi1503@gmail	Farhana shefi	Column 1	Column 1			1	Yes	2	It was good
3/25/2022 20:25:19	nidhaashraf944456@gma	Nidha ek	Column 1				1	Yes	1	

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	KI/Metric No
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Internal Quality Assurance Cell Al Shifa College of pharmacy

Kizhatoor, Perinthalmanna, Malappuram, Kerala- 679325

In House Programme - I	Event Record Sheet - 2022-23	<i>(</i>
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Date: 23/08/2022

	6
1.	Name of the Event: LIFE SKILLS FOR HEALGH AND EMOTIONAL
2.	Name of the Dept /Club organizing the Event: PHARMA! PRACTICE WELLBEING
3.	Date/s of the event:- $22)03/2022$
4.	College level/State/Regional/National/International: COLLEGE LEVEL
5.	Nature of the event:
	(Seminar/Invited lecture/workshop/Interaction etc): エカクモルのCFION
6.	Venue: MULTIPURPOSE AUDITORIUM
7.	Sponsors/Collaboration, if any:
8.	Fund received (from agency, if any):
9.	Chief Guest/s: Mrs. FAHMI THABASSAM K
10	Mrs. FAHMI AHABASSAM 5
11	L. Coordinator/s: Dr. SHEBINA PROSHEED & NIKHILO T
12	2. Honorarium/TA naid:
13	B. Audience Details and Number of Participants: 130, 131 12AR PHARMD, ISBEM BPHARM.
14	4. Documents mailed to IQAC(Please put ✓ mark in the concerned column)
	a) Circular / Brochure / Flyer b) List of Participants c) Programme Report
	d) Geo tagged Photographs e) Feedback Form f) Action Taken Report
	g) Video/Audio Recordings
	Dr. Ditte
	Name & Signature of Programme Coordinator
	Documents Checked and Verified by
	$\omega \omega$
	MILMIT
	IQAC Coordinator Signature of the Principal



ALSHIFA COLLEGE OF PHARMACY

(Approved by AICTE, PCI and Affiliated to Kerala University of Health Sciences)

Keezhattur - 679325

INSIGHTS

Organized by Department of Pharmacy Practice

" LIFE SKILLS FOR HEALTH AND EMOTIONAL WELLBEING "

Speaker:

Fahmi Thabassam K M. SC. Clinical & Counseling Psychology

M. SC. Clinical & Counseling Psychology

Psychologist

KIMS Alshifa Hospital, Perinthalmanna

Date: 23/08/2022

Time: 10am to 12pm

Venue: ACP Multipurpose Auditorium

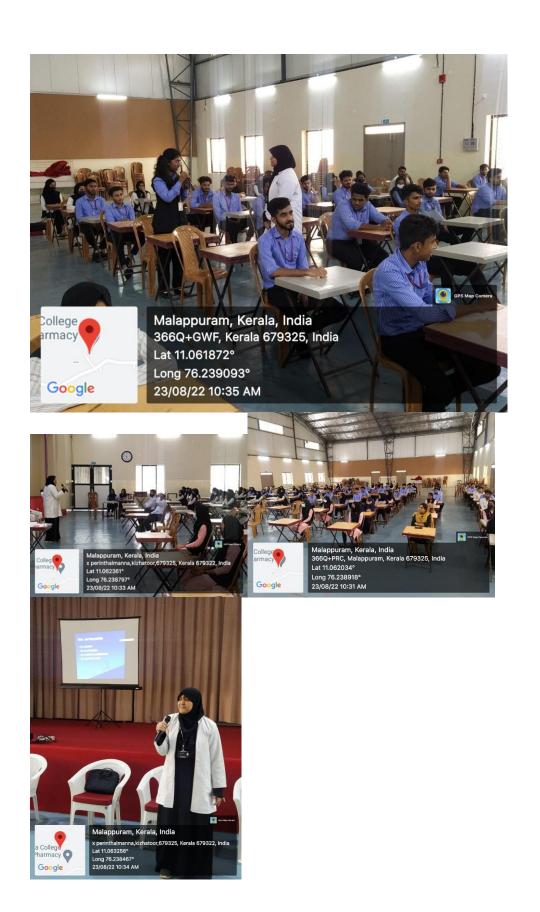


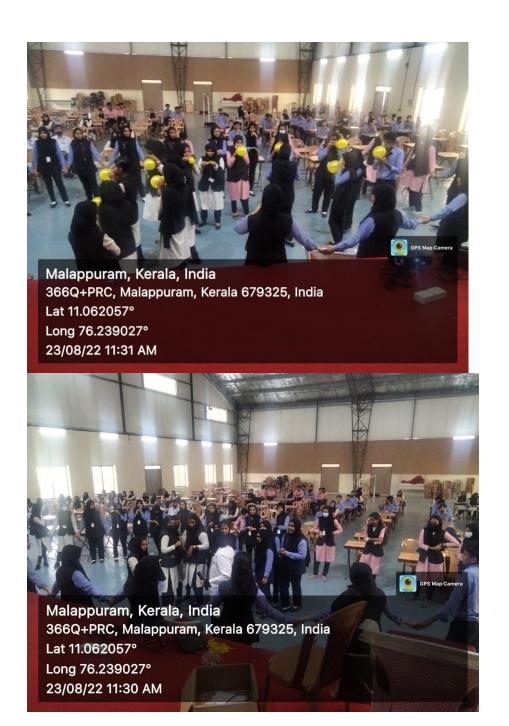












INSIGHTS

LIFE SKILLS FOR HEALTH AND EMOTIONAL WELLBEING

AL SHIFA COLLEGE OF PHARMACY

DEPARTMENT OF PHARMACY PRACTICE

Department of Pharmacy practice organized a Health and wellness programme for first year students on 23rd August 2022, Tuesday at 10AM in the Multipurpose auditorium, Al Shifa college of Pharmacy. The programme was inaugurated by Principal Dr.TNK Suriyaprakash and welcome speech done by Dr.Dilip C, HOD department of Pharmacy practice. The session is felicitated by Dr.Shebina P Rasheed, first year Pharm D class In charge.

The resource person was Mrs.Fahmi Thabassam K (M.SC.Clinical & Counselling Psychology) Clinical Psychologist, KIMS AL SHIFA hospital Perinthalmanna. It was an interactive session, since the topic was very relevant in current scenario related to social media and role of students. The session was very live which the resource person made engaged most of the participants live in all moments. The students were very interactive and participated with whole enthusiasm.

The programme was windup with student's feedback and Vote of thanks was done by Mrs.Nikhila T.

Co ordinator : Dr.Dilip C,

Principal:Dr.TNK.Suriyaprakash

Timestamp	Name	Course and Year	Email
8/29/2022 13:11:08	Anaswara asok	20th B pharm 2022	anaswaraasok2002@g
8/29/2022 13:18:24	Fida	B pharm 1st year	fidaneenu2@gmail.con
8/29/2022 13:21:43	Fathima Shirin	B pharm 1 st year	fathimashirin300@gma
8/29/2022 13:25:15	Ifrath ep	Bpharm	ifrathibrahim51@gmail
8/29/2022 13:38:44	Hasna sherin	Bpharm 1st year	hasnasherinmundekkat
8/29/2022 14:05:29	Fathima Siljiya	First year pharm d	silu755803@gmail.com
8/29/2022 14:05:37	Fida tp	First semester Bpharm	fidhashaju142@gmail.c
8/29/2022 14:09:28	Fathimath silviya	Bpharm 1st year	Silviyaiyya5@gmail.co
8/29/2022 15:21:15	Fathimath feba	Bpharm 1st year	febapt8@gmail.com
8/29/2022 15:21:20	Amathul Hadi	Bpharm & 1st year	amathulhadi@gmail.co
8/29/2022 15:49:54	Farisha Parveen k	1st year Pharm D	farishafari29@gmail.cc
8/29/2022 15:56:46	Fathima Rasmin	Pharm D 1st year	fathimarasmint@gmail
8/29/2022 16:09:37	Sana Nasrin	Pharm D 1st year	sananasrin2505@gmai
8/29/2022 16:25:31	Fathima Farzana	12th Batch And First Yo	fathimafarzana392@gr
8/29/2022 16:54:04	ASHINA A	First year pharm D	ashnamazhuppayil@gr
8/29/2022 17:24:04	Aysha Reeha Abdul Ga	1st year Pharm.D	ayshareeha626@gmail
8/29/2022 17:29:43	Lamia yahiya	Pharm D, first year	lamiayahiya77@gmail.
8/29/2022 18:37:18	Jitu Sebastian	Pharm D First Year	jitusebastian0304@gm
8/29/2022 20:51:12	Aysha	12th batch pharm d	ayshagaziya@gmail.cc
8/30/2022 8:22:21	Vishnu Ap	Pharm D 1st year	vishnuap82@gmail.cor
8/30/2022 11:12:53	Mubin Mujeeb	First year pharm d	mubinmujeeb954@gm
8/30/2022 11:13:19	Al nazeem	First year pharm D	naseempml786@gmail
8/30/2022 12:15:27	Farhana shefi	1st year pharm d	farrhanashefi1503@gn

The session was inform The speaker was audib The session was intera The speaker gave justi-

yes

yes
yes

Do you think more activ Remarks

Option 2 Good ►
Option 1 Good
Option 1 Good

Option 1 usefull messages are provided

Option 1 No
Option 2 No
Option 2 7/10

Option 1 Good and excellent session

Option 1 Good
Option 1 Excellent
Option 1 Excellent

Option 1 Interesting and helpful

Option 1 Personally i loved the session and the speaker was tooo friendly

Option 1 Was good

Option 1 According to me the session was very interactive and informative.It is
Option 1 The session was informative... It was a motivation to come up. We go

Option 2 It was a very informative, useful and interactive class.

Option 1 The session was wonderful. She helped us gain a lot of informations a

Option 1 It was very informative.

Option 1 Session was great. The last activity made my relaxed

Option 1

Option 1 Great informative session

Option 2 It was a very interactive session

were ant and useful, for the relevant situation of students consciolly who are doing professional courses
very apt and useful for the relevant situation of students especially who are doing professional courses. to know that there is a lot of scope for improvement in various matters.
nd motivation to overcome bad thoughts.

OAL SHIFA COLLEGE OF PHARMACY DEPARTMENT OF PHARMACY PRACTICE KIZHATTUR, PERINTALMANNA

10th batch Pharm D in association with Pain and Palliative Care Perintalmanna



Cancer Awareness Programme

AT GOVT HOSPITAL PERINTHALMANNA ON 7TH NOV, MON

PROGRAMME SCHEDULE

09:30 AM - FLASH MOB

09:40 AM - Welcome Speech

KUTTEERI MANUPPA (Coordinator, Pain and Palliative Centre)

Presidential Adress DR. TNK SURIYAPRAKASH (Principal, Al Shifa College Of Pharmacy)

Inaugration DR. NILAR MOHAMED (Paediatrician)

RIBBON CUTTING

Felicitation -DR. ABDUL RAZAK (RMO)

> DR. SAJITHRA (Oncologist)

DR. DILIP C (HOD, Dept of pharmacy practice)

RAJANI (Nursing Superindent)

SHAFI (Staff Council Representative)

BIJI KURIEN GEORGE (Dental Surgeon)

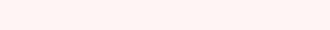
NIDHEESH (PRO)

SONA SAGI Vote of -(4th yr Pharm D)

Awareness class on breast cancer

BADUSHA, ALOSHYA, NAZREEN (4th yr pharm D)

Exhibition Stall - Different types of Cancer



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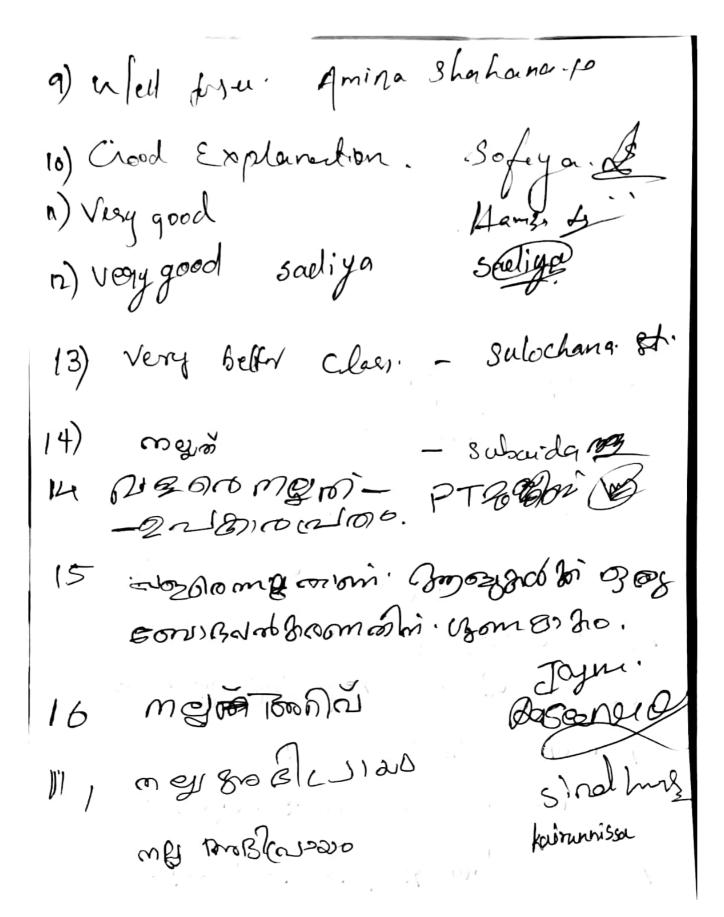
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Nice work Congraturations Congraturations

Good work & congraphlatons
Alshifa phenony college
Pharm. D With tears Batch
Mohammed Slaffic
Pharmaist
DH PMNA

By Kuleis encoste by Teans phone college - Mshala 10th buter For John Rever

i) Noov usta, cong) more. 3) Vers good f) His very good Nabeela. Nather s) very good Sullesh pr (3n 6) Spool wige salorant so win 8) Simple but highly informative, and very nicely exhibited. Hats of to York pharmon 4 PB Shouts My Fuln faultin



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Thank your abhide standants

PROGRAM REPORT.

Dept. of Pharmacy Practice, Al Shifa College of Pharmacy, in association with Pain and Palliative Case, Pecinthalmanna had conducted a Cancer Awareness Programme at District Govt. Hospital. Pecinthalmanna.

Dr. Nilae Muhammed had inaugueated the session. The other special guests on the dais were, Kutteen Manuppa (Pain and Palliative care coordinator), Mr. Saidali (Pain & Palliative are Secretary), Dr. Abdul Razak (RMO, Dist. Gord. Horpital, Pmna), Dr. Sajithroa (Oncologist), Dr. Biji Kurian (Dental Sugeon), Mrs. Rajani (Nursing Superindent),

The faculties, Do. Dilip. C. (HOD, Department of Phaemany Poactice). Do. Linu Mohan, Do. Shinu. C., Bo. Pallavi. P. along with the students, Baduche, Nasseen Nassar, Aloshya, Midhu, had taken an auraness class on Breast Cancer. The students had also organized an exhibition at District Govt. Hospital, Perinthalmanna.